



John M. Stafford

M.D., F.A.A.F.P.

Family Practice

Dear Patient:

Today you are scheduled to see your doctor for an annual **physical exam**. Our goal is to provide you with the best medical care possible. Annual physical exams give us a chance to address your overall physical and emotional health. The **preventative** care we provide during a physical also includes an *assessment of dietary and exercise habits, review of vaccinations, discussion of screening tests, lifestyle behaviors, etc.* We often look in on chronic stable problems such as high blood pressure, arthritis, and/or other ongoing medical conditions, though we don't always charge for that, depending on the degree of difficulty or amount of time spent.

Regular office visits differ from the **preventative** and wellness care provided at a physical because they address *other new, ongoing or poorly controlled medical problems*. These types of problems need to be addressed in an appointment separate from a preventative or physical exam. If, however, we adequately cover required preventative and wellness care during the physical, sometimes we will have time to address other issues. You OR your doctor may identify an issue that may need to be addressed during a physical, **separate from preventative care**.

This will essentially generate an additional charge to the insurance company for issues addressed beyond preventative care, which in turn may require you to pay an additional copay, coinsurance and/or deductible.

You have entrusted us with your medical care. Please also trust that we practice the highest integrity with our billing practices. Our goal is to provide excellent care and take the appropriate time doing it.

Sincerely,

John M. Stafford and Associates, PC

I have read the Physical Exam and Office Visit letter and understand that I may be billed an additional charge from my insurance company. This charge may be a copay, coinsurance and/or deductible. I will be responsible for payment of this additional charge.

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Patient Name

Date

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Patient or Guarantor Signature

\*LET US KNOW IF YOU WOULD LIKE A COPY\*